AURA BALANCING KINESIOLOGY
BALANCING PROTOCOL

1. Get **permission** to balance / Clear Accurate Indicator Muscle

2. **Pre-checks:** Hydration / Central Meridian / Brain Switching / Nervous System / Thymus

3. Test **Willingness Statements**:
   - "I am open and 100% willing and able to release my imbalances on all levels and dimensions."
   - "I am fully clear and 100% willing to accept positive benefit and change eventuating from this session on all levels and dimensions."

   If unlock, clear with ESR and check More Mode, if I/C test for a remedy from below list. Restate, should lock.

4. Test **connection** to: **Spirit / Mind / Body-Heart / Earth**, if I/C on any, hold connection point while participant holds "I Love You" hand mudra over their heart and repeats the following statement until no I/C:

   - **Spirit** (Crown of the head): "Infinite Love and Gratitude to my Spirit Connection, I am pure love."
   - **Mind** (Forehead): "Infinite Love and Gratitude to my Mind Connection, my mind is open, I can attract anything into my life, I have infinite possibilities and potential."
   - **Body-Heart** (Over Heart Chakra): "Infinite Love and Gratitude to my Body/Heart Connection, I can heal, regenerate completely and be whole."
   - **Earth** (Point to feet): "Infinite Love and Gratitude to my Earth Connection, my nature is to thrive and change."

5. Test **Universe Connection %** (0% = no Universe Connection; 100% = optimal Universe Connection), record % and discuss relevance.

6. Hold **Negative Energy Field/Attachment/Entity Mode**, if I/C put in circuit. If no I/C, go to next step. Discuss relevance with participant. Test through the remedies database to find a remedy to clear negative energy/attachment/entity. Recheck mode, should be clear, ie. no I/C.

7. Hold **Surrogacy Mode**, or say 'Surrogacy', if I/C put in circuit. If no I/C, go to next step. Use IM to test points on body for who is involved (see below), when I/C put in circuit. Discuss with participant. Test through the remedies database to find a remedy to clear surrogacy. Recheck mode, should be clear, ie. no I/C.

8. Discuss **physical symptoms** and scan body as appropriate, if I/C, put in circuit.

9. Discuss **emotional stressors** (from goal setting session sheet notes), do the following:

   - **Context / Theme** – test through each stress or get a theme of the stress, if I/C on stressor or theme, put in circuit

     and/or

   - **Goal** - set an appropriate goal to balance, when I/C, put in circuit.

10. Test **"Is this the best goal for highest good for here and now on all levels and dimensions"**, should lock. If unlock, adjust goal as necessary and retest.

11. **Assess stress/energy/pain** on goal / context (0 = no stress; 10 = most stress)

12. Hold **suppression mode**, or say 'Suppression', if I/C put in circuit.

13. Hold **Priority Mode** and test for **Age of Cause or Age of Best Understanding**, when I/C put in circuit.

14. Hold **Time Mode** and **age recess** to time, when I/C on age, put in circuit. Ask participant "what comes to mind at that age/year?". Confirm if relevant via I/C, put in circuit. If nothing comes to mind for participant, complete next step to find who/what was involved at age.

15. **Test for involvement** of: Self | Male | Female | Parents | Everyone | Circumstance | Thing | Place | Spirit - when determined involvement with I/C, put in circuit.

16. **Stack in circuit any relevant information** when discussing above on an I/C, when complete transfer circuit to the glabella.

17. Use an IM to **determine current colour of Aura**, scan from Aura Colour Chart, when I/C put in circuit, discuss relevance with participant.

18. Then use an IM to **determine Shape or Symbol of Aura,** test through list of options, when I/C put in circuit.

    Animal totem | Black ring | Black shield | Black spots | Cracks | Jagged lines | Lightning bolts | Orbs | Pulsing waves | Sacred symbols | Silver sparkles | Spirit guides | Spongy holes

    Read description of shape or symbol to participant and discuss relevance in relation to goal and aura colour.

19. **Test Aura Layers** by holding a flat hand over torso area raising hand up to each aura layer (starting with Etheric Body through to Ketheric Template), at the first I/C put in circuit.

20. **Go to** the first page of **information on that aura**.

21. Go to the "**Qualities**" section. Test through each item, with each I/C, stack in circuit, write down and continue testing all words/phrases. Once you have tested all "Qualities", discuss relevance with the participant.

22. Go to the "**Emotions**" for that Aura. Test through each emotion, with each I/C, stack in circuit. Once you have tested all emotions, discuss relevance with the participant.

23. Go to the "**Emotional indications of imbalance**" section. Test through each item, with each I/C, stack in circuit, write down and continue testing all words/phrases. Once you have tested all "Emotional indications of imbalance", discuss relevance with the participant.

24. Go to the "**Emotional indications of balance**" section. Test through each item, with each I/C, stack in circuit, write down and continue testing all words/phrases. Once you have tested all "Emotional indications of balance", discuss relevance with the participant.

25. All information has now been obtained and stacked in circuit for that particular aura so now a remedy/s needs to be found to cleanse and rebalance the aura.

26. **Scan remedies database** (below) and when I/C, correct aura with indicated remedy.

27. **Challenge remedy**, if I/C do more of same remedy. If no I/C, go to next step.

28. **Recheck Aura Layer** for that aura, should lock, if unlocking, check More Mode and scan remedies database for another remedy. Continue until aura layer is holding, ie. no I/C.

29. **Recheck** unlocking words/phrases from "**qualities**", "**emotions**", "**emotional indications of imbalance**" and "**emotional indications of balance**". All should now be holding, if I/C find remedy.

30. **Repeat step 19-29** for all other auras.

31. **Recheck all Aura Layers**, should be clear, ie. no I/C.

32. **Recheck area of involvement (Who/What)** is clear, ie. no I/C.

33. **Recheck Age or cause or best understanding** is clear, ie. no I/C.

34. **Bring back to current age** in intervals and ask participant to say **"I am here now, 100% present"**, (ie. in current time), should be no I/C, if I/C use ESR or remedy until no I/C.

35. **Recheck Suppression is clear**, ie. no I/C.

36. **Recheck physical symptoms clear**, ie. no I/C when scanning body or stating symptom.

37. **Recheck goal / context**, should be clear, ie. no I/C on emotional stressors or goal.

38. **Recheck stress** on goal has reduced.

39. **Recheck Universe Connection %** has increased.

40. Test for **home reinforcement** – could be based on remedies used in balance, something around the goal, an affirmation, etc.

41. **Test "safe to close circuit"**, should be no I/C, if I/C use ESR until no I/C.

42. **Close circuit**.

AURA BALANCING KINESIOLOGY
REMEDIES DATABASE

MENTAL (MIND-THOUGHTS) & EMOTIONAL (HEART-FEELINGS)	PHYSICAL (BODY)	SPIRITUAL (SPIRIT)
Aura-Soma Colour Infused Oils	Water Infusion / Cleanse	Clearing Spray
Crystal	Hydration	Crystal Gridding
Essential Oil	Central Meridian Energy	Oracle / Healing Card
Wellbeing Balancing Oil	Brain Switching Points	Runes
Chakra Balancing Spray	Nervous System	Spirit Message
Chakra Balancing Oil	Nervous System Bal. Oil	Palo Santo
Flower Essence	Thymus Energy	Sage smudging
Sound		Incense
Tuning Forks		Shamanic Feather Smudger
Singing Bowl		Orgonite
Tingshas		Sacred Geometry
Colour		Activities/Spiritual Practices
Specific colour / card		Figure 8 Energy
Colour therapy glasses		Spiral Energy
Crystal light torch		Shamanic Healing Wand
Affirmation		Shamanic Knife
ESR		NHC – Rain Water
		NHC - Salt Water
		EMF
		Feng Shui
		Energy Work
		Connection Points