CHAKRA HEALING KINESIOLOGY ASSESSMENT

Student Name:				
Course Dates:				
CASE STUDIES				
Students are required to complete 6 entire case studies using the case study template form provided on next page. These must be completed outside of class and submitted to the assessor via email only in one combined PDF document for marking to achieve competency. Please note no paper copies or photos of individual pages will be accepted.				
(10 marks per case study)				
Case Study 1 out of 10				
Case Study 2 out of 10				
Case Study 3 out of 10				
Case Study 4 out of 10				
Case Study 5 out of 10				
Case Study 6 out of 10				

Total correct out of 60 Pass required 75% (45 correct)

CHAKRA HEALING KINESIOLOGY SESSION SHEET

Practitioner Name:	Case Study #:			
Client Initials:	Age: Date:			
Physical Symptoms:				
Emotional Stressors:	Want to Fool			
Clear	Want to Feel			
	l			
Pre-Checks: Hydration Central Meri	idian Brain Switching Nervous System Thymus%%			
Willingness statements: Stress?	Yes / No Correction:			
Connection Points: Spirit Mind	Body-Heart Earth			
Goal/Context:				
	Best Goal?: Yes / No			
Stress on Goal/Context:	Suppression: I/C? Yes / No			
Age of Cause or Age of Best Und	lerstanding (circle): Age			
Involvement: Self Male Female Who/What?:	Parents Everyone Circumstance Spirit Other			
Hold Chakra Mode, when I/C, hold chakra mode over one chakra at a time starting at Base, when I/C stack in circuit and go through following procedure.				
CHAKRA (circle): Base Sacral Solar Plexus Heart Throat Third Eye Crown				
	e (circle): Overactive or Underactive			
	o Name:			
Relevance:				
Governs / Physical relevance:				
(if any, discuss)				
Qualities:				
Life Issues:				

Emotions:				
Emotional indications of imbalance:				
Emotional indications of balance:				
Correction	Crystal:			
Remedies:	Chakra Balancing Spray / Oil:			
Challenge remedy:	Essential Oil:			
- I/C do more of same	Wellbeing Balancing Oil:			
remedy - No I/C, check for a	Acupressure Point:			
different remedy, if	Colour:			
required.	Nutrition:			
	Activities/Spiritual Practices:			
	Sound:			
	Flower Essence:			
	Aura Soma:			
	Crystal Pendulum:			
	Oracle/Healing Card:			
	Affirmation:			
	Nature's Healing Chi:			
	Shamanic Wand Clearing Spray ESR Other:			
Recheck: □	More Mode is clear.			
(Tick)	Words/phrases from "Qualities", "Life Issues", "Emotions", "Emotional indications of imbalance", "Emotional indications of balance" all holding, ie. no stress.			
	Chakra Mode held over Chakra is clear, ie. no I/C.			
	Recheck any imbalanced Minor Chakras are clear, ie. no I/C.			
	If all clear move to next chakra, if not use further remedies.			
CHAKRA (circle): Base Sacral Solar Plexus Heart Throat Third Eye Crown				
Type of Chakra Energy Imbalance (circle): Overactive or Underactive				
Minor Chakra Imbalance: Yes / No Name:				
Relevance:				
Governs / Physical relevance: (if any, discuss)				

Qualities:	
Life Issues:	
Emotions:	
Emotional indications of imbalance:	
Emotional indications of balance:	
Correction Remedies:	Crystal:
	Chakra Balancing Spray / Oil:
Challenge remedy:	Essential Oil:
- I/C do more of same	Wellbeing Balancing Oil:
remedy - No I/C, check for a	Acupressure Point:
different remedy, if	Colour:
required.	Nutrition:
	Activities/Spiritual Practices:
	Sound:
	Flower Essence:
	Aura Soma:
	Crystal Pendulum:
	Oracle/Healing Card:
	Affirmation:
	Nature's Healing Chi:
	Shamanic Wand Clearing Spray ESR Other:
Recheck: □	More Mode is clear.
(Tick)	Words/phrases from "Qualities", "Life Issues", "Emotions", "Emotional indications of imbalance", "Emotional indications of balance" all holding, ie. no stress.
	Chakra Mode held over Chakra is clear, ie. no I/C.
	Recheck any imbalanced Minor Chakras are clear, ie. no I/C.
	If all clear move to next chakra, if not use further remedies.

Ем	OTIONS AND METAPHYSICAL KINESIOLOGY™	CHAKRA HEALING KINESIOLOGY		
Re	check: (Tick)			
	Area of involvement is clear, ie. no I/C.			
	Age of cause or best understanding is clear, ie. no I/C.			
	Suppression is clear, ie. no I/C.			
	Physical symptoms clear, ie. no I/C.			
	Goal / context is clear, ie. no I/C on emotional stressors.			
	Stress on goal has reduced. Stress level now:	<u> </u>		
Ho	ome reinforcement:			
Ot	her Comments:			
Pa	rticipant Feedback:			
Record information and 'the story' on relevance of what tested up including remedies in relation to client's physical symptoms, emotional stressors and goal/context:				

End of Chakra Healing Kinesiology balance