

MERIDIAN RIVERS OF CHI KINESIOLOGY ASSESSMENT

ONLINE SHORT ANSWER ASSESSMENT

The online Short Answer Take Home Assessment consists of 20 short answer questions to be completed online. 2 marks per questions. Total of 40 marks. Pass mark required 75%. (30 points)

Online Short Answer Assessment Questions

Please write a short answer/paragraph on each of the following questions:

1. In a sentence or two explain what meridians are?
2. How many bilateral meridians are there?
3. Explain the different ways we could use meridian lines as a correction remedy?
4. Explain how acupressure points work and how we could use them.
5. The Heart Alarm Points sits on CV14 acupressure point? True / False
6. What are alarm points used for?
7. How many acupressure points are in the Central Meridian?
8. What is the abbreviation for Governing Meridian?
9. What are the attributes of Governing Meridian?
10. What are the related organs of Stomach Meridian?
11. What is the paired organ with Stomach meridian?
12. The Spleen Meridian line starts on the second toe? True / False

13. What are three nutrition tips to assist the Spleen meridian energy?

14. What are Heart Meridian's attributes?

15. The Kidney meridian relates to the Spine. True / False

16. What is the peak hours of day for Pericardium meridian?

17. In summary, what is the Liver's function?

18. What affirmation could be used to balance the Large Intestine meridian?

19. Name the 7 yin meridians.

20. Which meridians make up the Fire Element?

(2 marks each question)

Total correct out of 40 Pass required 75% (30 correct)